

SCC Culinary Arts
Student Health and Personal Hygiene Policy

Good personal hygiene is imperative in order to keep customers and fellow students from getting ill.

1. Grooming

- Arrive to class clean and odor-free (To include cigarette smoke, pet odor, excessive cologne, etc...)
- Hair clean and groomed
 - Refrain from excessive styling products.
 - Males must be clean shaven
 - OR beards and mustaches must be clean and trimmed
- Oral hygiene attended to
- Fingernails must be short, clean, and free of polish and artificial extensions
- Practice correct hand washing techniques
 - Use only food-safe sanitizers after thoroughly washing hands.

2. Proper Attire –Uniforms are required for all lab classes and official school functions. They must be clean and properly worn – ALL buttons must be fastened. Hats **MUST** be worn unless directed otherwise.

- Jacket with SCC Logo is required (purchased from the Book Inn)
 - Undershirt – Required
 - WHITE or TAN without screen print or designs
 - Long Sleeve black SCC Culinary logo required for lecture classes
 - Pants
 - Black and white checkered pants only
 - Available from the Book Inn or local uniform shops
 - **Must be worn above the hip bone**
 - Excessive length must be hemmed
- Socks are required – plain black or white
- Shoes must be CLEAN
 - Black, slip resistant soles
 - Must completely cover the foot
 - oxfords, clogs and lace-ups are allowed; laces must always be tied
 - exposing the heel is a risk you take
 - No tennis shoes or other casual attire
- Skull Cap
 - Wear proper head covering in lab at ALL times
 - Wash your hat at regular intervals
 - Replace if it becomes excessively stained (e.g. food, sweat and make-up)
- Apron – Are provided by SCC and are required to be worn while in the lab.
 - If you bring your own apron- it must be black
 - Change aprons when soiled or stained
 - Do not wear apron to restroom, outside, or outside the food preparation area
- Hair Restraints-hair nets are provided by SCC
 - Long hair that cannot be tucked under the cap must pulled back
 - No decoration, beads, or small pieces that can fall out
- Jewelry
 - Simple wedding bands, watches and Medical Alert bracelets are the only permitted jewelry items
 - Rings and watches should be plain, with no excessive decorations
 - No visible body piercing jewelry or tongue piercings are permitted
 - No other jewelry is acceptable including earrings, necklaces , or bracelets

3. Illness and Injury

- Illness
 - If you have ANY of the following, DO NOT COME TO CLASS
 - fever above 100 degrees
 - vomiting
 - diarrhea
 - Report any flu-like symptoms, fever, dizziness, diarrhea, and/or vomiting to the instructor
 - Any student or faculty diagnosed with Hepatitis A, Salmonella Typhi, Shigella, or E. coli 3157:H7 must immediately report this diagnosis to the instructor or program director
- Injuries
 - If a cut occurs, immediately go to a hand sink and ask for help
 - Anyone offering assistance to an injured person MUST use gloves
 - Inform the instructor or lab assistant immediately of any injuries that occur in class
 - Bandage all cuts, abrasions, or burns that have broken skin
 - Cover all bandages on hands with disposable gloves and/or finger cot as appropriate
 - Clean the work space, discarding all contaminated food IMMEDIATELY
 - An accident report must be filed with any injuries occurring at SCC or while attending official school functions
 - If emergency treatment is necessary, call SCC campus police FIRST:
 - 4911 from any campus phone
 - (864) 592-4911 from cell phone
 - SCC Campus police will call for an ambulance, if needed
 - SCC Campus police will report to the scene of any accident as First Responders
 - ONLY call 911 directly if Campus police cannot be notified immediately
 - Then CONTINUE to attempt to notify campus police until they have been reached

4. Smoking, Eating, and Gum Chewing

- Smoking-Permitted only in designated areas and at designated times
 - Dispose of cigarettes properly
 - Smoking, chewing tobacco, or dipping are not permitted inside any SCC facility
 - **A 25 foot minimal distance must be maintained from ANY building entrance when smoking**
 - Wash hands after smoke breaks
- Eating and Drinking-Permitted only in designated areas
 - No beverages allowed in preparation areas
 - If exceptions are made by individual instructors, then any beverage MUST have a lid
 - Discard all beverages and trash at the end of class
 - Eating and evaluating meals may only take place in the dining room unless otherwise stated by your instructor
 - Tasting spoons may be used to taste food that is being prepared, but no grazing, eating, or drinking is permitted in the food preparation area
 - Wash hands after eating or drinking each time
 - Chewing gum or eating candy is not permitted in the food preparation area